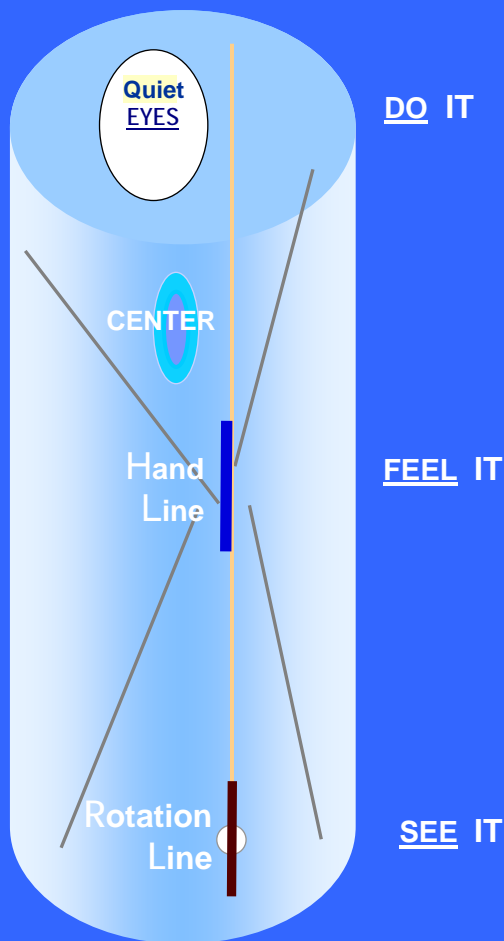


Find [simplicity](#) connecting the DOTS
using [mental-triggers](#) to connect our
most critical [neural](#) swing pathways.

It is highly desirable to mentally and physically rehearse the true feel of a connected swing before performing the real one.

You can **FORGET** about the other stuff



There is **NO BALL**

Turn in barrel

Continue to **PIVOT** and stay in good **BALANCE** throughout your golf swing