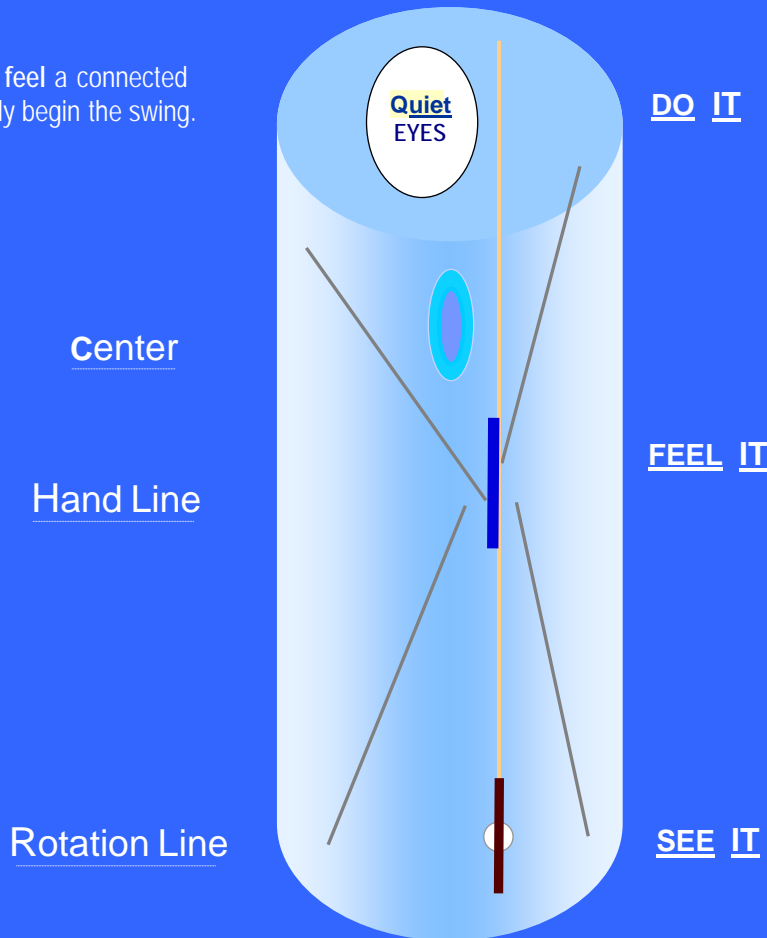


Find [simplicity](#) connecting the DOTS using [mental-triggers](#) to connect our most critical [neural](#) swing pathways.

Its desirable to mentally feel a connected swing before you actually begin the swing.



You can **FORGET** about the other stuff

There is NO BALL

Turn in barrel

Continue to PIVOT and stay in good **BALANCE** throughout your golf swing