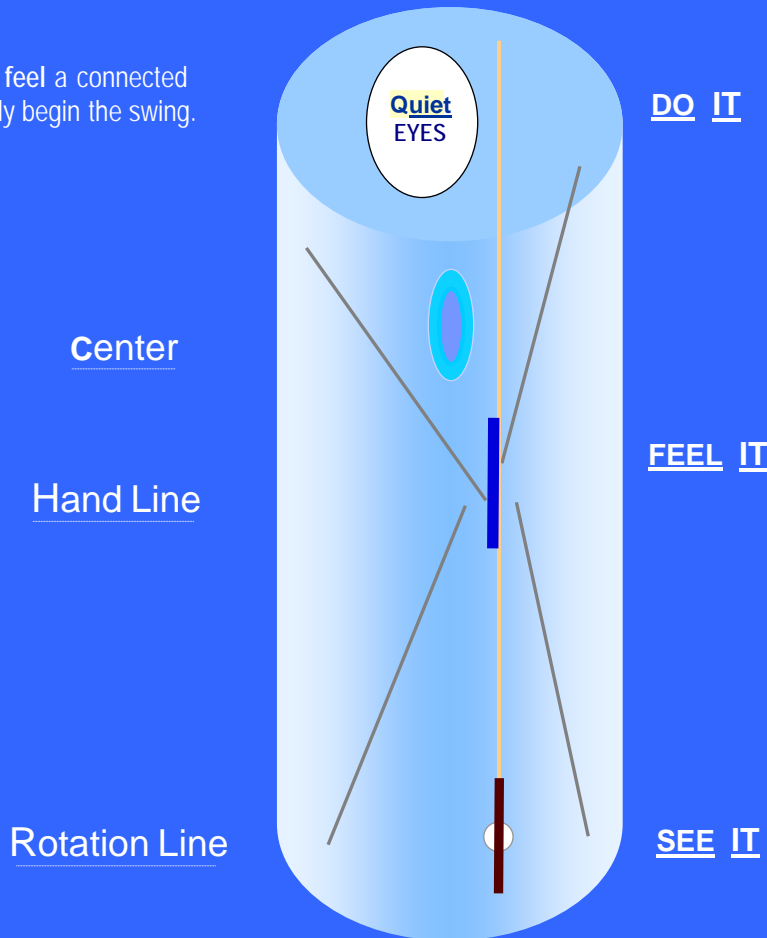


Find [simplicity](#) connecting the DOTS using [mental-triggers](#) to connect our most critical [neural](#) swing pathways.

Its desirable to mentally feel a connected swing before you actually begin the swing.



You can **FORGET** about the other stuff

There is **NO BALL**

**Turn in barrel**

Continue to **PIVOT** and stay in good **BALANCE** throughout your golf swing