“One grip does not fit all.” - Harvey Penick

The **interlocking grip**, with the forefinger of the top hand laced between the little finger and the ring finger of the bottom hand, is for people who have short fingers. Gene Sarazen, Jack Nicklaus, and Tom Kite use it.

The **overlapping grip**, with the little finger of the bottom hand wrapped into the hollow between the forefinger and middle finger of the top hand or on top of the left forefinger, is the most widely used among ordinary players as well as experts, though with many individual variations. Ben Hogan, Arnold Palmer, Byron Nelson, Ben Crenshaw, Sam Snead, Al Geiberger, and Payne Stewart are just a few of the over lappers, and none of their grips are exactly alike.

The two-hand or **ten-finger grip** with all the fingers on the handle - sometimes called the baseball grip (although the baseball bat is held more in the palms, and golf club more in the fingers) — is especially good for women and older players who may lack strength, although some top professionals like Beth Daniel, Art Wall, and Bob Rosburg have done well with it. Little Alice Ritzman adopted the ten-finger grip as my student and gained enough distance to play on the tour and become one of the longer drivers.

In his famous book, Five Lessons, written with Herb Wind, Hogan says the tips of the thumb and forefinger of the bottom hand should never touch each other. Others teach that the thumb and forefinger should meld like a trigger.

Bobby Jones used the overlapping grip with the tip of his right forefinger not touching the handle at all. But the back of the first joint of his forefinger pressed against the handle. Victor East of Spalding built special grips with flat places for the back of Jones's right forefinger, which would be illegal today.